

FEAST ON FONDUE
CLASSIC SWISS RECIPE
MAKES FOR GREAT
APPETIZER {page 17}



**DEXTER TO MEET
WITH HARPER**
HYDRO PROJECT UP
FOR DISCUSSION {page 3}



MMVAs
STARS COME
OUT TO PLAY
SCENE {page 14}



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Monday, June 20, 2011
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News worth sharing.

Cancer. Event



► A father carries his son at the start of the annual Father's Day Walk/Run at Dalhousie University yesterday morning. The event raises money and awareness for Prostate Cancer Canada.

RYAN TAPLIN/METRO

Walkers and runners do it for dad

Byelection in Cape Breton

Tories hope to replace
ex-MLA Clarke {page 6}

Accused in riot contrite

Vancouver fallout strikes
rising teen athlete {page 10}

Right in your backyard

A closer look at Sackville-
Bedford {pages 21-26}

Reassessing council size

- Hearing starts with witnesses this morning, then speakers in evening session
- Should take two to three days

It's a day many HRM residents and councillors have been waiting for: The Nova Scotia Utility and Review Board hearing into council size begins this morning.

Council was split on the issue in August and ended up voting to tell the UARB it wants to keep the status quo — 23 councillors plus the mayor.

A consultant hired by the board, Robert Williams, suggests a 20-member council is the way to go.

And about 19 letters from the public to the UARB all support a smaller council. Size suggestions range from eight to 16 councillors.

"We need to cut costs where we can. Our tax dollars need to be directed towards health and other programs that benefit the taxpayers, not towards covering a bloated payroll," HRM resident Mike Beattie wrote in his submission.

Dave Grimshire of Lower Sackville said a whole new idea would be better.

"My preference would be a single ballot for all HRM listing all candidates," he wrote.

"A smaller council would lead to a more effective and efficient council. The present council has too many competing agendas."

FROM A LETTER WRITTEN BY
SHIRLEY GILBERT OF HALIFAX

"The benefit of this type of election is that boundaries don't have to be redrawn periodically and all councillors have a duty to represent all regions of HRM."

Several councillors and Mayor Peter Kelly have asked to speak at the hearing and Coun. Tim Outhit is the first on the list.

"My strategy is I want to inform the board of what I hear from the vast majority of residents that they want a smaller council," he said.

Outhit would prefer a council with 15 to 17 members, including the mayor.

"I hope the board will step up and make a decision that unfortunately we didn't make."

● JENNIFER TAPLIN



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Families grapple with end of mission

Jim Davis returns often to the moment his son Paul stepped onto a military plane on a cold January day and headed to the uncertainty of an Afghan battlefield.

It was Jan. 23, 2006, and Davis had flown to Winnipeg from his home in Bridgewater, N.S., to see Paul off.

"The thing that touches

me emotionally is that my son, all his life, didn't like bullies," Davis, 62, said through tears from his home. "So Paul knew he was going to Afghanistan and considered the Taliban to be nothing more than brats and bullies."

Six weeks later, Cpl. Paul Davis became the 10th Canadian to die in Afghanistan when an

Afghan taxi driver veered into his armoured vehicle, sending it toppling over. Another Canadian soldier in the vehicle died days later in hospital.

Now, as Canada prepares to leave the war-weary country, families who have lost loved ones in a mission marked by little more than incremental successes are grappling with a cruel ques-

tion: Did their son, daughter, father, wife or husband die for nothing?

"I'm going to have to wait and see what unfolds, but my fear is if the Taliban do regain control again like they did before, then my son basically died in vain," Davis said.

"My son died for a good cause. He was there trying to make a better life for the



▶ Jim Davis

Afghan people and that is what being Canadian is all about." **THE CANADIAN PRESS**

Dexter to meet with Harper

► Premier caps NDP convention trip with a stop in Ottawa ► Projects met with silence from feds on the agenda



ALEX BOUTILIER
@METRONEWS.CA

Nova Scotia Premier Darrell Dexter will meet with Prime Minister Stephen Harper today.

Dexter will stop in Ottawa on the way back from speaking at the federal NDP convention in Vancouver on Saturday.

He'll be meeting with Harper on a range of topics, including the Lower Churchill Falls hydroelectric project, immigration and the new regional venture-capital fund with New Brunswick. Dexter's director of communications, Shawn Fuller, also said the premier intends to thank Harper for his commitment to a merit-based, arms-length shipbuilding-procurement process.

Dexter will also take the

156 days since the original deadline for a deal between the municipal, provincial and federal government on the proposed downtown convention centre.

opportunity to meet with opposition leaders Jack Layton and Bob Rae during the trip.

This is the second trip to Ottawa for Dexter in a month. He met with Environment Minister Peter Kent, Natural Resources Minister Joe Oliver and Fisheries Minister Keith Ashfield on May 30.

Mega-projects like Lower Churchill Falls hydroelectric project also dominated that visit. Dexter said then he hoped to have a federal commitment for the project by the end of this summer.



▶ Premier Darrell Dexter speaks to the media in this file photo.

Of course, other projects like the proposed convention centre and the National Shipbuilding Procurement Strategy contracts are also in intergovernmental limbo.

The June 15 deadline for

an agreement on the convention centre project — the third of such deadlines — passed without word from the federal government.

Transportation and Infrastructure Minister Bill

Estabrooks, who is the provincial minister responsible for the file, said he has made himself available to travel to Ottawa at any time to meet with newly-minted Infrastructure Minister Denis Lebel.

1
news



An anti-circumcision comic book hero raises hackles in California. Scan code for story.

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Hockey. Reflection



► Road hockey players in the under-17 division are reflected in a puddle yesterday as they compete in the Hockey Night in Canada Play On! tournament on the Halifax Common.

RYAN TAPLIN/METRO

Tournament goes on in rain

Hundreds of players took part in the Hockey Night in Canada Play On! tournament over the weekend despite some heavy rainfall.

Road-expansion report to be analyzed

► HRM's transportation committee chair, Reg Rankin, wants report card on meeting transit and road goals ► Staff recommend moving road report to regional council for adoption in principle



ALEX BOUTILLIER
@METRONEWS.CA

Halifax Regional Municipality's transportation committee is set to consider a report on the expansion of the road network Wednesday.

The road-network functional plan deals with a number of transit-related issues facing the municipality — traffic congestion and parking practices, but also the need for active and alternative transportation.

First discussed by the re-

gional plan advisory committee in August 2010, the plan sets out management practices to minimize costs, maximize sustainability and increase capacity while "remaining realistic in its expectations."

The plan is based on computer models of projected settlement within the municipality's borders, and potential traffic patterns and problems that could result from a growing populace.

Transportation commit-

tee chair Reg Rankin said the plan is a broad overview, but he would like to see more identifiable benchmarks and targets.

"I think we have to look at the implications," Rankin said yesterday, referencing the cost of expanding transit as well as highways to deal with congestion.

Rankin said investments in transportation like express buses, ferries and other modes of transportation can help — but the

question is whether or not the municipality is prepared to continue with those investments.

Drawing on a 2004 study, the report projects the population of HRM to reach anywhere between 411,260 and 484,365 by 2026.

At the same time, a combination of Statistics Canada data and Metro Transit ridership information revealed only about six per cent of people travelling to work in the municipality do so by public transit.

Canadian military tackles suicide

The Canadian military is trying to understand why female personnel in their early 40s were more than twice as likely to die from suicide as their civilian counterparts.

Groundbreaking research by the Canadian Forces, Statistics Canada and Veterans Affairs has shown a statistically significant increase in the number of suicide deaths in female service members between the ages of 40 to 44.

The Canadian Forces Cancer and Mortality Study also found a similar increase in women of the same age who have been released from the military.

"We're a little bit surprised," Col. Colin MacKay, director of Force Health Protection and co-chair of the study's advisory committee, said in Ottawa.

"This was information we hadn't had before and is very important information ... because we can now start to look at it more carefully."

Researchers can't explain the increase for that age group, but MacKay cautions it involves a small

"Twenty-seven unfortunate deaths in this age group for women, of which probably over half are currently serving members, does warrant further examination by us and we will have a look at this."

COL. COLIN MACKAY, DIRECTOR OF FORCE HEALTH PROTECTION

number of women over a 35-year period.

There were 37 suicides for women in all age groups who were serving or released from the military, with the bulk occurring among females who were let go from the forces.

Men aged 16 to 44 who had been released from military service also had a higher risk of death from suicide when compared to the same civilian age groups.

They also found that people who served from 1972 to 1986 had a greater risk of committing suicide.

THE CANADIAN PRESS

News in brief

Black bear sighting

WEEKEND. A black bear was spotted near Hammonds Plains Road on the weekend, CBC reported.

The Department of Natural Resources received about 20 calls.

A spokesman for the department told CBC that bears are on the move at this time of year and his department doesn't plan to intervene. He suggested people clean their yards of any food that might attract a bear, including bird seed.

● JENNIFER TAPLIN

Search on for laptop thieves

HOME. Police are trying to find two teens accused of pushing past a woman in

her home and stealing a laptop computer.

Police say two men pushed their way into her Halifax home when she answered the door just before 10:30 p.m. Saturday.

Police describe the suspects as teenage black males who are known to the resident.

They say the woman was not injured.

THE CANADIAN PRESS

Man mugged in Dartmouth

SUSPECTS. A man was mugged in Dartmouth yesterday afternoon while walking down Dawn Street.

Two suspects, described as black males, about 19 years of age, grabbed the victim.

The victim told police the two men held him by his head, threatened him and demanded his wallet.

● JENNIFER TAPLIN

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Cape Breton North showdown tomorrow

► Three major parties have something to gain in Cape Breton North byelection ► Conservatives hope Orrell can fill in gap left by Clarke in failed federal bid



ALEX BOUTILIER
@METRONEWS.CA

Voters in Cape Breton North will decide on a replacement for federal Conservative hopeful and former MLA Cecil Clarke tomorrow.

Running for the Progressive Conservatives, who have held the riding for a decade, is Eddie Orrell, a local physiotherapist.

He'll be up against the Liberals' Brian McGean, who manages the North Sydney Credit Union, the NDP's Russell MacDonald, who came within 150 votes in the 2009 election,

and Atlantica Party Leader Jonathan Dean.

The byelection became necessary after Clarke stepped down to run in May's federal election. He lost to Liberal incumbent Mark Eyeking by a 700-vote margin.

A victory for the Grits would make it three byelection wins in a row. They previously won in Glace Bay and Yarmouth, after Tory Richard Hurlburt and Liberal Dave Wilson resigned in the wake of the MLA expense scandal.

But the Progressive Conservatives have a lot on the line as well. Riding high on a recent spike in a Corpo-

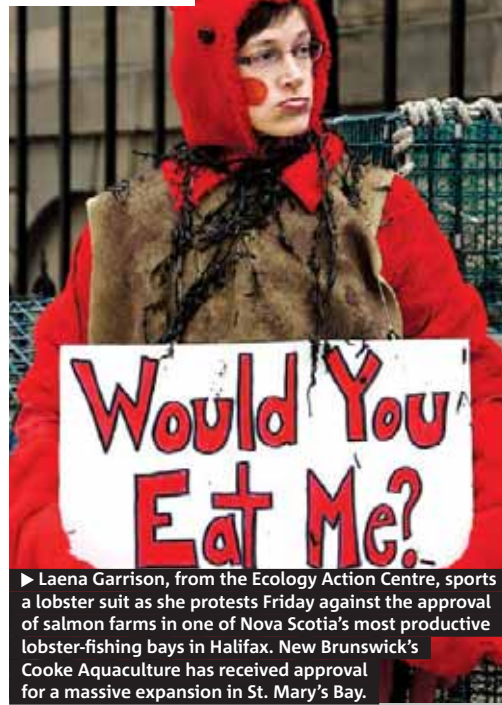
rate Research Associates poll on voter intentions, the six-person caucus would do well to pick up another seat — especially after losing one of their strongest and most experienced voices in Clarke.

An NDP win would undermine the Liberals' suggestion that momentum is behind them on the road to the next general election, as well as damage the Tories in Cape Breton, where they held four out of five seats before Clarke stepped down.



For more news, visit
metronews.ca/halifax

Salmon. Farms



► Laena Garrison, from the Ecology Action Centre, sports a lobster suit as she protests Friday against the approval of salmon farms in one of Nova Scotia's most productive lobster-fishing bays in Halifax. New Brunswick's Cooke Aquaculture has received approval for a massive expansion in St. Mary's Bay.

ANDREW VAUGHAN/THE CANADIAN PRESS

Fish decision raises a stink

Financial pressures spur study

Cash-strapped municipalities in Nova Scotia will be the focus of a study.

The province is spending \$100,000 to set up a task force after the resignation of the entire council in Bridgetown, largely because of concerns over finances.

Municipal Relations Minister John MacDonell says the task force will look at development outside town boundaries and ways of working together to provide services more cheaply.

Kentville Mayor David Corkum has been appointed chairman of the volunteer group. He says all towns are facing a wide range of pressures from declining tax bases to expanding boundaries.

The group is scheduled to report its preliminary findings to the government by the fall. **THE CANADIAN PRESS**

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RECORD BREAKING

Man, son pull two trucks

A Cobourg, Ont., strongman has pulled off another world record, but this time he had a little help from his son.

Reverend Kevin Fast and his 18-year-old son Jacob set the Guinness World Record for heaviest vehicle pulled by two people on Saturday.

They pulled two fire trucks 30 metres down Queen Street in Cobourg in 38 seconds as hundreds of people cheered.

The trucks together weighed more than 72 tonnes. For an encore, the reverend lifted 20 people on a platform on his back at the pier.

The event was a fundraiser for Habitat for Humanity, a cause Fast became involved in last September when he pulled a house 11.95 metres.

THE CANADIAN PRESS

Canadians to sail aid to Gaza

A group of Canadians boarded flights yesterday to join a convoy of ships that is going to try to bring medical aid to Palestinians in the Gaza Strip.

The group plans to join an international flotilla that is expected to set sail from Greece in the next few days.

Israel has indicated it will stop the ships from get-

ting to Gaza, which is under a naval blockade.

Foreign Affairs Minister John Baird has called the convoy "provocative," but organizers defend it on humanitarian grounds.

A similar trip in 2010 ended in bloodshed, killing nine people, after Israeli soldiers boarded a Turkish ship. THE CANADIAN PRESS

Our troops hand over reins

MURRAY BREWSTER/THE CANADIAN PRESS



► Pte. Danny Drapeau, of Alpha Company 1st Battalion Royal 22e Regiment, waits to lower the Canadian flag for the last time at Forward Operating Base Zangabad yesterday.

► Signs of 'more determined foreign fighters' as U.S. takes over

The road to Zangabad is lined with graves and for years was littered with mines, but for Canadian troops it is memory lane.

The place they fought over so many years was quietly handed over to the Americans yesterday as their withdrawal from Kandahar hit full stride.

Alpha Company 1st Battalion Royal 22e Regiment, which rolled into the notorious Taliban redoubt as part of NATO's major offensive last fall, pulled back to Kandahar Airfield.

"Au revoir, Zangabad," the radio crackled as the last Canadian light armoured vehicles rolled out.

"There is real a sense of accomplishment," said Maj. Pierre Leroux, the company commander.

Lt-Col Steve Miller, the commander of the Ameri-

"(The Van Doos) wanted to go out with a sense of professionalism that was truly inspiring"

LT-COL STEVE MILLER, LEADER OF 3RD BATTALION 21ST U.S. INFANTRY REGIMENT

can unit replacing them said the Van Doos kept up the tempo of patrols right to the end.

The U.S. Stryker unit knows it's taking over a tough neighbourhood, one that has been unusually quiet despite being well into the Taliban's spring-summer fighting season.

"Knowing the history of the place, I'm surprised, but who knows what will happen in three weeks," Miller said. THE CANADIAN PRESS

Wounded soldier to climb Kilimanjaro

- Calgary's Mark Fuchko lost his legs below the knee after driving over an explosive device in Afghanistan
- Using prosthetics, he and a group of peers will trek up a mountain to raise money for orthopedic surgery



JEREMY NOLA
@METRONWS.CA

Reaching Africa's highest peak is difficult enough. Doing so without use of your own legs is a challenge few would attempt.

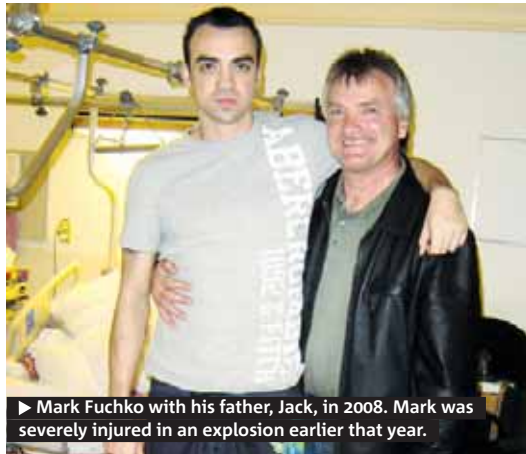
But 26-year-old Calgary soldier Mark Fuchko is used to taking adversity head on.

"He's pretty determined, slightly stubborn," chuckled his father, Jack Fuchko. "He's climbed lots of mountains. This is just another one."

Jack's comments refer to

years of difficult rehabilitation Mark has endured after suffering critical injuries on duty in Afghanistan's Kandahar province. He lost both legs in March 2008 but began walking again before the year was out.

Fuchko's focus now is on aiding others in similar situations. He and other participants on the Kilimanjaro Climb hope to raise \$575,000 to purchase a computerized navigation system for the Orthopedic Surgery Centre at Edmonton's Royal Alexandra Hospital.



► Mark Fuchko with his father, Jack, in 2008. Mark was severely injured in an explosion earlier that year.

Fuchko said he initially believed losing his legs was a "death sentence."

"There were some really hard days," he said. "You come from this high level of activity ... and then you are in a wheelchair and just going to the bathroom is a challenge."

Fuchko, who has prosthetics, credits much of his recovery to "overwhelming" support from family and fellow soldiers.

On the climb, he will be joined by three fellow Canadian Forces members. The group plans to set off Aug. 8 and climb six hours

Reach the top

► Climbers cover about 19,340 feet before reaching the summit of Mount Kilimanjaro.

► For more information on the Kilimanjaro Climb or to donate, visit kilimanjaro.royalalex.org.

a day to the summit Mount Kilimanjaro five days later.

"It's going to be a challenge for sure," Fuchko said. "I think I have got the tools and the support network to succeed."

Energy adviser hired

Canada has spent \$1 million on a special adviser on climate change and energy to lobby key players in the United States over energy and environmental issues. The job description includes promoting a made-

in-Canada technique of pumping greenhouse gas deep underground.

Marc Lepage, Canada's former consul general and top trade official in San Francisco, was picked for the job. THE CANADIAN PRESS



► Betty Fox

Hero Terry Fox's mother dies

Betty Fox, the mother of one of Canada's most beloved heroes, who nurtured Terry Fox's legacy into one of international action and inspiration in the fight against cancer, has died.

Her family said at the beginning of June that Fox was seriously ill and in a hospice, though their statement said reports she was suffering from cancer were incorrect.

On Friday morning, the

family posted a notice on the Terry Fox Foundation website saying she had died a few hours earlier.

"Betty/Mom passed away peacefully, surrounded by love," the family said. THE CANADIAN PRESS

Kidnapping funded al-Qaida: CIA

- Abductions more than doubled in a year, agency says
- Bin Laden eyed hostage-taking as revenue stream

Pressured by increased scrutiny of terrorist money sources and strikes aimed at its financiers, al-Qaida's core organization in Pakistan turned to kidnapping for ransom to offset dwindling cash reserves, U.S. officials say, based on information they found in files taken from Osama bin Laden's compound.

Bin Laden's interest in kidnapping as a cash raiser bolsters accounts that the financial squeeze had hampered al-Qaida's ability

to move money. The al-Qaida founder was killed last month by U.S. Navy SEALs.

U.S. analysts are trying to learn more from the recovered files about al-Qaida's money sources. They hope to identify important al-Qaida donors, especially wealthy Persian Gulf figures who dealt with bin Laden dating to his work with Afghan fighters in the campaign against Soviet occupiers in the late 1980s.

THE ASSOCIATED PRESS

Held for ransom

Figures from the National Counterterrorism Center show that 3,366 hostages were taken in Pakistan in 2009, compared to 1,264 in 2008.

A similar wave plagued Afghanistan as the number of hostages climbed to 2,088 in 2009 from 584 in 2008.

New Afghan law to end 'bride wars'

Afghan brides could soon face limits to their lavish ceremonies under a proposed law that would restrict the number of wedding invitees.

The law is intended to cut down on the pressure faced by poor Afghans to match the elaborate weddings of the elite. The government is threatening to fine party-hall owners who allow more than 500 people at a wedding.

Under Taliban rule, lavish ceremonies were forbidden. But over the past decade, rich Afghans have begun renting out the country's biggest halls to host thousands of people.

THE ASSOCIATED PRESS

"It is breaking the back of the groom and of the family."

JUSTICE MINISTER HABIBULLAH GHALEB, ON THE LAVISH NUPTIALS

Daring Falls rescue saves two

A Canadian police officer dangled by a rope above the raging waters of the Niagara River to pull off a dramat-

Great. White hope



Brides race to the altar yesterday in central Belgrade.

MARKO DROBNJAKOVIC/THE ASSOCIATED PRESS

Runaway Brides

About 50 brides took part in the annual "running of the brides" yesterday in the Serbian capital of Belgrade. The women were competing for a host of prizes, including the gowns they chose to race in.

ic rescue on Saturday.

Const. Shawn Black of the Niagara Parks Police was lowered from a helicopter to a stranded boat with two American police officers on board. He attached himself to one of the officers and they were lifted into the air and flown to Goat Island. He then repeated

the process for the second officer. The rescue took place about 900 metres from Horseshoe Falls, at a point when the current picks up speed, a Niagara police spokesman said.

The Americans had become stranded while conducting their own rescue.

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NATO admits airstrike error

Libya's government said NATO warplanes struck a residential neighbourhood in the capital yesterday killing nine civilians, including two children, and injuring 18 others. Hours later, NATO confirmed one of its airstrikes went astray.

The incident gave supporters of Moammar Gadhafi's regime a new rallying point against the international intervention in Libya's civil war. The foreign minister called for a "global jihad" on the West in response.

Early yesterday, journalists based in the Libyan capital were rushed by government officials to the damaged building. Reporters were escorted back to the site during the day, where children's toys, teacups and dust-covered mattresses could be seen amid the rubble.

In a statement issued

35

In new defections from Gadhafi's military, 35 army officers led by Brig. Gen. Fouad al-Adrisi announced in a video message that they had joined the rebel ranks. The video was posted on a Facebook page for the uprising.

late yesterday at Brussels headquarters, the trans-Atlantic alliance said air strikes were launched against a military missile site in Tripoli, but "it appears that one weapon did not strike the intended target and that there may have been a weapons system failure which may have caused a number of civilian casualties." **THE ASSOCIATED PRESS**

Indonesia condemns beheading

Indonesia criticized Saudi Arabia yesterday for executing an Indonesian maid without notifying officials from her home country.

Foreign Ministry spokesman Michael Tene expressed regret that Saudi Arabia had not contacted Indonesia before beheading Ruyati binti Sapubi with a sword on Saturday in Mecca. He said the government would summon the Saudi ambassador to convey a protest.

Ruyati was arrested in January 2010 and was sentenced to death by a Saudi court after confessing that she had murdered her employer's wife. Ruyati is the second Indonesian maid to be executed in Saudi Arabia since 2008. Another is still on death row. More than one million Indonesians are employed in Saudi Arabia, mostly as domestic workers. **THE ASSOCIATED PRESS**



Water polo rioter says he's sorry

► Athlete's lawyer calls him a 'very brave young man' for publicly taking responsibility for his actions

A rising star on Canada's junior water polo team has made an emotional public apology for his role in the Stanley Cup riots that rocked Vancouver last week.

A sobbing Nathan Kotylak told Global Television he wasn't looking for any sympathy. But he told Global that he wanted people to know there had already been "serious consequences" and he anticipated there would be more.

Kotylak turned himself into police after social media sites posted pictures showing a youth stuffing a

Riot mayhem

- The Vancouver Canucks insisted their fans are not to blame for the riot and called for swift justice for those responsible.
- Rioters burned cars, smashed windows and looted stores last Wednesday night. Images of the chaos have been broadcast around the world.
- The police have blamed the riot on a small band of "anarchists and criminals," linking some of them to a similar, smaller, riot during the 2010 Winter Olympics.

burning rag into the gas tank of a police car.

Water Polo Canada said it suspended a player facing allegations stemming from the post-game riot and added that it would be investigating.

Kotylak's lawyer obtained a court order allowing the 17-year-old, who would normally not be identified under the Youth Criminal Justice Act, to make his public apology.

Bart Findlay told The Canadian Press that Kotylak is a "good kid who was caught up in the moment and made some bad choices." **THE CANADIAN PRESS**

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CRTC to address digital content

► Independent operators voice concerns at hearing about anti-competitive behaviour in mobile market

With more and more TV content in Canada being delivered online through mobile devices such as smartphones and tablets, Canadian regulators open hearings this week on possible measures to ensure a level playing field for service providers.

New wireless company Public Mobile says it wants to ensure an equal opportunity for all players even if it doesn't currently offer such services for its mobile phone customers.

"We're interested in potentially expanding our set of services and making sure that if we moved into things that were closer to broadcast distribution, we would have the flexibility to compete in those markets," said Public Mobile executive Bruce Kirby.

Public Mobile will appear before the Canadian Radio-television and Telecommunications Commission in Gatineau, Que., today to make its case for fairness in a field dominated by major players such as Shaw Communications Inc. and BCE, which own most of the country's tele-

"You'd get different content depending on which cellphone you subscribe to ... to us that makes no sense."

KEN ENGLEHART,
SENIOR VICE-PRESIDENT, ROGERS

vision broadcasting assets.

In recent years, much of Canada's private broadcasting sector has been swallowed up by a handful of big companies. Shaw, for example, has bought 11 local Global TV stations across Canada and a group of specialty stations such as HGTV and Showcase.

After approving the Shaw sale last fall, the CRTC said it was worried that consolidation could produce anti-competitive behaviour and announced it would hold the hearings. Ian Morrison of Friends of Canadian Broadcasting said the "horses are already out of the corral," but the CRTC still needs to look into the issue.

"Market forces have caused this problem so there's a role for the regulator in ensuring that the small independent services have fair and equitable commercial arrangements so that they are protected from predatory behaviour," he said. **THE CANADIAN PRESS**

Future. Of flight



► A mock-up of an electric plane concept by EADS on display at the Paris Air Show.

MICHEL EULER/THE ASSOCIATED PRESS

Paris Air Show kicks off

Bombardier is showcasing a mock-up of its 110- to 149-seat C-Series aircraft, which is slated to enter service at the end of 2013, at the Paris Air Show, which kicks off today. The show is expected to translate into numerous orders for aircraft manufacturers.

RIM to be left behind?

With Research In Motion acknowledging the release of its upgraded BlackBerry smartphones in late summer will miss a big chunk of the back-to-school selling season, analysts are raising questions on whether RIM can still compete against Apple and Android. **THE CANADIAN PRESS**

Market moment

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Dollar



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STEPHEN KIMBER
METRO HALIFAX



Peter Kelly has become the journalistic gift that keeps on giving, our local 21st-century version of those famous "Generalissimo Francisco Franco is still dead" Saturday Night Live sketches from the mid-1970s. *Breaking news just in: Peter Kelly is still the mayor.*

And will be for at least another year. If not for life. And perhaps after death ...

So is it time — as the mayor's defenders (and there are, inexplicably, still too many of them) would argue — to get over it? Or is it past time, as the columnist spinners, Facebook fulminators, talk-show talkers and letters-to-the-editor writers insist, to get on with getting him gone?

None of this would likely even be a matter for discussion today if the mayor — when the news broke in March that he was up to his eyeballs in a city-charter-violating decision to secretly

front cash to a concert promoter whose shows were so singularly unsuccessful he couldn't pay it back — had acknowledged his wrongdoing and apologized.

I blew it. I got so caught up in competing with Moncton for big concerts I went too far. I was sure the concerts would be a success, the advances would be paid back and we would all benefit. But I violated the charter and kept council in the dark. I was wrong. I've learned my lesson. I apologize.

Genuine mayoral apologies being as common as common sense at a city council meeting, that didn't happen.

And Concertgate has assumed a larger-than life of

its own, puffed up beyond bursting after each new mealy-mouthed, weasel-worded non-apology from the mayor.

In the last week, Kelly has faced — and faced down — the embarrassing council vote on calling in the cops to investigate his actions; the spectacle of an ex-cop personally filing a criminal complaint against him; the slap in the face of a retired provincial auditor general publicly asking him to resign; the salt-in-the-wound declaration by the I-don't-owe-the-city-a-penny concert promoter that the mayor was a "professional"; and, of course, the modern ignominy of a "Peter Kelly — Resign Now" Facebook group.

This still in: Peter Kelly is still the mayor.

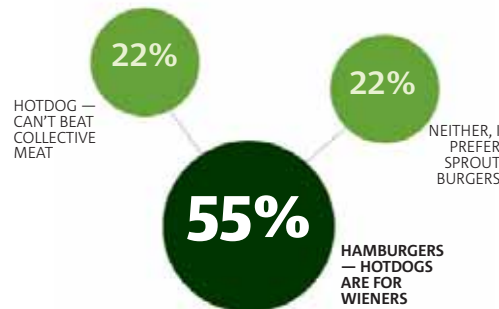
The real joke will be if we have to keep saying that after the October 2012 mayoral election.

It just won't be funny.



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and take the quick poll

Do you take a hotdog or hamburger off the barbecue?



Local tweets



- ▶ @lauren_oostveen: The street hockey tournament people sure love to litter. Gross.
- ▶ @BatestonBeauty: Successfully navigated Spring Garden Road on my bike! Off to Point Pleasant Park with @RachOfMotion
- ▶ @meagan_crooks: Why are there random pirates walking around cole harbour??
- ▶ @nsflowergirl: I'm going to bet the humans have been startling the ursine residents of Hammonds Plains for some years now. #urbansprawl
- ▶ @OhSusannah63: So instead we'll play it safe and go to Public Gardens to take pics and enjoy ice cream times
- ▶ @sweetamyrae: Apparently pie day in Truro is a big day, Dad bought a case and a half of pies lol
- ▶ @A_Halifax: So sad Mic Mac Mall closed the Disney Store :(
- ▶ @hfx_immigrant: Thunderbolt and lightning ... very, very frightening me! 🎵 #Halifax
- ▶ @forever_Amanda: All of this rain has made the Dartmouth smoke stacks look so fresh and so clean

Worth mentioning

DUBAI, United Arab Emirates.

A Saudi woman defiantly drove through the nation's capital while others brazenly cruised by police patrols in the first forays of a campaign that hopes to ignite a road rebellion against the male-only driving rules in the ultraconservative kingdom.

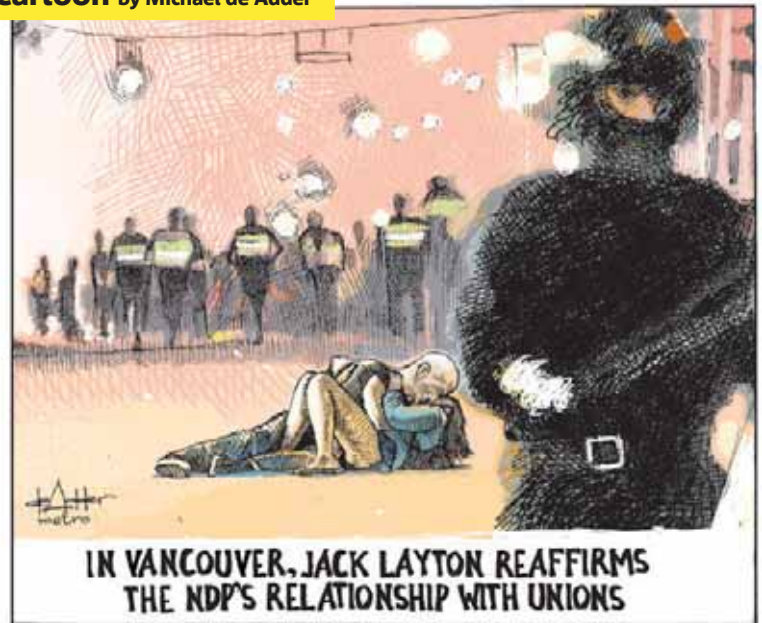
It was a rare grassroots challenge to the Western-backed Saudi monarchy as it tries to ride out the Arab world's wave of change, and a lesson in how the uprisings are taking root in different ways. In this case, the driver's seat was turned into a powerful platform for women's rights Friday in a country where women have almost no political voice.

"We've seen that change is possible," said Maha al-Qahtani. She said she drove for 45 minutes around the capital, Riyadh, with her husband in the passenger seat. "This is Saudi women saying, 'This is our time to make a change.'"

About 40 women took part in Friday's show of defiance. No arrests or violence were reported, though al-Qahtani was later ticketed for driving without a licence.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

Freeloaders not allowed in space

The billionaire businessman behind Virgin Galactic says William Shatner, and other celebrities, shouldn't expect any free rides into space.

The space tourism enterprise is already taking reservations for flights, which could begin next year.

But it's become clear that the actor who played Captain James T. Kirk, perhaps the world's most famous fictional spaceman, is not among the

440 people from 40 countries planning to go up.

"William Shatner has said that he's scared to go into space and it's quite ironic really when you think of his career," company founder Sir Richard Branson told The Canadian Press. "And, like most celebrities, he would like a freebie."

The cost of a seat is \$200,000 US.

The 80-year-old actor recently admitted he did not want to boldly go anywhere beyond the Earth's atmosphere.

Branson suggested the Star Trek actor is in the minority. "Most people are unlike William Shatner. I would say nine out of 10 people — if they could afford it — would love to go into space." THE CANADIAN PRESS

2
scene

Box office



Ryan Reynolds is the latest superhero to rule the weekend box office. Green Lantern debuted at No. 1 with \$52.7 million, a fair but unremarkable opening stacked up against other comic-book adaptations.

It brought up the rear among superhero moves to open this summer, behind Thor and X-Men: First Class.

The previous weekend's top flick, sci-fi adventure Super 8, slipped to No. 2 with \$21.3 million. Jim Carrey's family comedy Mr. Popper's Penguins had a frosty start, coming in at No. 3 with \$18.2 million.

THE ASSOCIATED PRESS



Scan this code or visit
metronews.ca/scene for more
coverage from the MMVAs.

All that glitters at MMVAs

- Co-host Selena Gomez and boyfriend Justin Bieber steal show
- Performers include Avril Lavigne, Bruno Mars, Simple Plan

Justin Bieber shocked his shrieking fans by appearing at the MuchMusic Video Awards last night — and he didn't have to wait long to claim a trophy for his effort.

Frenzied teens lining the show's red carpet erupted when the 17-year-old — who wasn't scheduled to appear at the show — arrived in a nondescript SUV. Soon afterward, he was climbing the stage to accept the award for international video of the year by a Canadian, an honour he shared with Toronto rapper Drake.

"I want to say thank you so much to all my fans, you guys are amazing," said Bieber, clad in a pink blazer, white graphic T-shirt and jeans, a pink scarf hanging from his back pocket.

"I love you Toronto."

Lady Gaga

opened the show with a tame — by her standard, anyway — take on her latest hit The Edge of Glory.



► Lady Gaga accepts an award at the MMVAs.

clad in a studded leather jumper, her hair coloured bright turquoise. It was the first of two performances expected from the eccentric Grammy winner, who made headlines with a raunchy performance at the MMVAs two years ago.

She made another MMVA memory early in this show, claiming the award for international video of the year.

"Thank you, I'm so, so happy," said Gaga, who then pointed out that the video's co-director, Laurieann Gibson, was Canadian.

"Always stick by what you believe in. Always stand by your vision. We did it!"

Early winners included Bieber, Vancouver dance-punk outfit You Say Party, former So You Think You Can Dance contestant Blake McGrath, Toronto rapper JDigz and hard-edged Toronto rockers Abandon All Ships.

THE CANADIAN PRESS



► Justin Bieber and girlfriend Selena Gomez stand on stage during the MMVAs.



► Drake



► Snoop Dogg performs during last night's MMVAs.

Black Friday for teen singer

- Music video Friday that went viral with 160M views is pulled off YouTube
- Song stars Rebecca Black, 13

Rebecca Black's official Friday music video has been taken off YouTube.

The page where the video starring the 13-year-old singer once played now says it "is no longer available due to a copyright claim by Rebecca Black."

Black's spokesman says

her team sent a takedown notice to YouTube because of a dispute over the video with Ark Music Factory, the company Black's parents paid \$4,000 to produce the song and video.

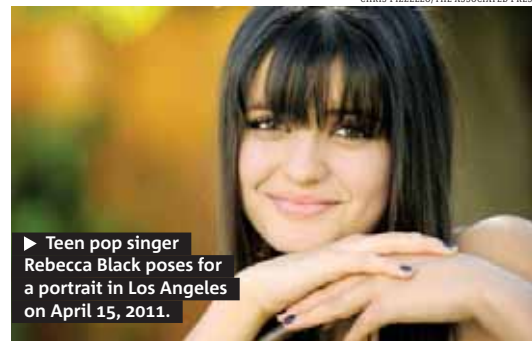
Earlier this week, the firm began charging viewers \$2.99 to watch the clip.

Lawyers for Black and

Ark Music have been haggling over who owns the rights to everything associated with Friday since it became a sensation earlier this year.

The video had amassed more than 160 million views and more than three million "dislikes."

THE ASSOCIATED PRESS



► Teen pop singer Rebecca Black poses for a portrait in Los Angeles on April 15, 2011.



► Crystal Harris and Hugh Hefner got engaged in December of last year.

July's Playboy features Hef's 'runaway bride'

Hugh Hefner's ex-fiancée, Crystal Harris, called things off so close to their wedding day that Hefner didn't even have time to change the cover of the latest issue of Playboy, featuring Harris with the headline Introducing Mrs. Crystal Hefner.

So what's a publisher to do? "Recent events call for a special sticker on the July cover. Look for it on newsstands," Hefner posted on Twitter.

The issue was published with the original cover, but with a bright red sticker reading, Runaway bride in this issue!

● METRO

Celebrity tweets



"I'm going to be a politician. I'm running for public office. I will be announcing soon. #Muniz2016"



@frankiemuniz

@BarRefaeli

"I broke my arm. And I'm annoyed! Booooooooo"



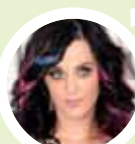
@hughhefner

"Anna, the girls & I watched Adam Sandler & Drew Barrymore in 50 First Dates tonight."



@katyperry

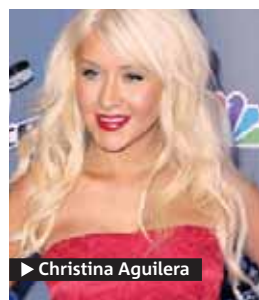
"tonight I dye my hair a different color... Can you guess which color?!"



Aguilera raking it in on TV show

It's apparently costing NBC a pretty penny to get Christina Aguilera on TV, as the singer is reportedly earning \$225,000 an episode for her work as a judge on The Voice, according to the Hollywood Reporter.

Her fellow judges aren't so lucky though, as Cee Lo



► Christina Aguilera

Green, Adam Levine and Blake Shelton are said to be pulling in \$75,000 an episode. ● METRO

Megan Fox still super smitten

► Actress says Brian Austin Green's sensitive ways have helped transform her ► Couple planning to renew their wedding vows in Hawaii



► The couple got married on June 24, 2010, in Hawaii.

Megan Fox admits her and husband Brian Austin Green's visit to Hawaii this month could lead to the couple renewing their vows — something she wouldn't have considered before.

"I didn't think that I was into it until my relationship with Brian," she tells E! News.

"He's very sensitive and very emotional. He's a Cancer so he's very all about feelings and relationships and he cries about everything. He'll want to do it, so I'll do it for him."

Fox also revealed plans for a swim with dolphins during the trip, despite Green's reservations.

"My husband is terrified of sharks but we're going to do it anyway," she says.

"I didn't used to be [scared of sharks], but I am now because of him. His fear is so intense, it's smothered me and now I'm afraid."

● METRO

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Witherspoon 'showing her age'

While Reese Witherspoon's advice to young starlets at the MTV Movie Awards about avoiding reality shows and sex tapes may have been meant as a joke, but Girls Gone Wild impresario Joe Francis thinks the Oscar-winning actress was "showing her age by making those comments," according to Popeater.

"I just think that Reese needs to rethink what she said," Joe says.

"Once you have a sex tape, you become a sex symbol... Look at Marilyn Monroe. Had she never done that Playboy cover, we wouldn't be talking about her right now."

METRO



► Reese Witherspoon

Keanu pens a bit of a sad read

Keanu Reeves has taken up the written word, starting with a book called Ode to Happiness — but the text is anything but sunny, including lines like, "I draw a hot sorrow bath. In my despair room."

Interested readers can get the book for \$55 online. ● METRO

3
lifeApp of
the week

Kick to Pick

Of the many dumb apps for prospective parents, this is one of the dumbest — and the most fun. You scroll through a list of names, put the iPhone over your belly and wait for the baby to make a move. It'll stop on his or her "selection." Barely works, but it's a nice database of names anyway.

● MWN

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From whittling to knitting, men can bring their own sensibility to crafts.

The divorce syndrome

► Earlier this month, researcher Hyun Sik Kim of the University of Wisconsin-Madison, released an eye-opening study ► Children of divorced parents often fall behind their classmates in math and social skills ► We talk to Kim about the possible long-term impact



SAM CASTONE
LIFE@METRONews.ca

METRO WORLD NEWS

You studied children during the first two years after the divorce. Why is that period so crucial?

I studied that period mainly due to data availability — information was available only up to spring of fifth grade, although now, information up to eighth grade is available, which enables me to extend my analyses. But one of the main controversies around divorce is whether children of divorce catch up with children from intact families some time after divorce. That's why it was very important to examine development of children of divorce after divorce occurs.

What surprised you the most?

That I failed to find negative impacts of divorce in the pre-divorce stage. People tend to think that couples go through intense marital conflict before they decide to divorce — otherwise why choose to divorce? And it's widely accepted that children under parents' marital discord experience developmental setbacks, such as retardation in cognitive skills and high frequency of problem behaviours. However, my study finds



► "Children of divorce would not want others to know," researcher Hyun Sik Kim says.

that there is no differential growth in the pre-divorce stage.

Yet you found their social skills were stunted?

I found that children of divorce lagged behind children from intact families in the growth of interpersonal social skills in the during-divorce stage. Why, I can only speculate. One possibility is that children of divorce go through emotional problems, which is consistent with

my finding that children of divorce experienced problems in internalizing their problem behaviours. Another reason may be related to stigma attached to parental divorce, so that children of divorce would not want others to know their own situations, which may lead to less frequent interactions with others. It should also be added that these behaviours were reported by teachers.

Do you have any good news for children of divorce?

I found that development of children of divorce did not worsen in the post-divorce stage even though they did not catch up with children from intact families. In other words, children of divorce developed as similarly as children from intact families in the post-divorce stage.

Divorce is so common these days. Do you think, eventually, anti-social behaviour and

Rising trends

The American Academy of Matrimonial Lawyers often polls its members about what they've seen or done lately. Here's what they said.

- **81%** Of those polled said they use social media evidence (like Facebook posts) to help win a divorce case for clients.
- **48%** Have seen a spike in couples going to court, rather than settling civilly.
- **40%** saw a downturn in their business three years back, when the recession hit and folks put divorces on hold.

low math scores will be the norm for most kids? In other words, will we have to re-fine what we expect from children?

This is really a hard question to answer from my study. One very important finding in my study is that children from intact families suffer more compared to children of divorce if the former children were in families plagued by marital conflicts. In this case, we can predict positive effects of divorce for those children. But remember, I just examined children two years after divorce. I cannot at all predict how children of divorce develop until they become adults.



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Say 'cheese' in the kitchen

► This uniquely Canadian Maple Cheddar Spread and Classic Swiss Cheese Fondue are great choices for appetizers when entertaining guests



BOTH PHOTOS: THE CANADIAN PRESS H/Q

► This recipe makes enough fondue to serve six.

Preparation:

1 Rub inside of fondue pot with garlic clove. Pour in wine and bring to a boil; reduce to low heat. Add Emmenthal and Gruyere cheeses. Stir gently in a figure-eight pattern to avoid lumps. Add drops of lemon juice if cheese does not blend in easily.

2 Mix together cornstarch and kirsch until smooth; stir into cheese mixture. Season with pepper and nutmeg while stirring

until smooth.

3 Place fondue pot over tabletop burner and serve with bread.

4 Using fondue forks, dip bread cubes in fondue. Stir occasionally to keep fondue smooth. When fondue pot is nearly empty, layer of lightly browned cheese will form on bottom. Scrape with wooden spatula for real connoisseurs.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Ingredients:

- 1 garlic clove, peeled
- 250 ml (1 cup) dry white wine
- 300 g (10 oz) Emmenthal cheese, diced
- 300 g (10 oz) Gruyere

cheese, diced

- Juice of half lemon
- 15 ml (1 tbsp) cornstarch
- 50 ml (1/4 cup) kirsch
- Ground pepper and nutmeg, to taste
- 1 fresh large baguette, cubed

Maple Cheddar Spread



Preparation:

1 Using large holes of a box-cheese grater, grate apple and squeeze out juice; set grated apple aside.

2 In bowl, using hand mixer, beat cream cheese and cream until smooth. Stir in grated apple, cheese, maple syrup, chives, mustard and garlic; combine.

3 Cover and refrigerate for at least 1 hour to blend flavours. Transfer to serving container, garnish with chives and apple slices. Serve with crackers or celery.

Ingredients:

- 1 red apple, cored
- 1/2 cup (125 mL) cream cheese, softened
- 1/3 cup (75 mL) 10% half-and-half cream
- 1/2 cup (125 mL) shredded extra-old cheddar
- 1 tbsp (15 mL) pure maple syrup
- 1 tbsp (15 mL) chopped fresh chives
- 1/2 tsp (2 mL) Dijon mustard
- 1 small clove garlic
- Chives and apple slices
- Crackers or celery sticks

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Mu Shu with a turkey twist

Mu shu is a Chinese dish with stir-fried vegetables and, in this version, ground turkey. It is served wrapped in lettuce leaves. This meal that can be ready in 25 minutes.

3 minutes. Add turkey and cook until brown.

2 Add mushrooms, bok choy, water chestnuts and red pepper. Cook until vegetables are tender. Add remaining in-

gredients except lettuce, mixing until combined. Sauté until cabbage is wilted and mixture is heated through.

3 To serve, set out a platter of lettuce leaves and

bowls of mu shu turkey and extra hoisin sauce. Let diners spoon the turkey mixture and hoisin sauce into lettuce leaves and roll up.

THE CANADIAN PRESS/ ONTARIO TURKEY FARMERS



THE CANADIAN PRESS H/Q

► This recipe makes four servings.

Preparation:

1 In a pan set at medium, heat oil. Add garlic and green onions and sauté,

Ingredients:

- 15 ml (1 tbsp) oil
- 1 clove garlic, minced
- 2 green onions, chopped
- 500 g (1 lb) ground turkey
- 250 ml (1 cup) sliced mushrooms
- 250 ml (1 cup) chopped bok choy
- 125 ml (1/2 cup) sliced water chestnuts
- 125 ml (1/2 cup) thinly sliced red pepper
- 250 ml (1 cup) chopped napa cabbage
- 50 ml (1/4 cup) hoisin sauce, plus extra for leaf wrappers
- 15 ml (1 tbsp) soy sauce
- 10 ml (2 tsp) sesame oil
- 5 ml (1 tsp) five spice powder
- 12 whole lettuce leaves, washed and dried



Avalon Sexual Assault Centre

You are cordially invited to attend our Annual General Meeting

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Youth Awareness Project

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Refreshments to follow.

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or email avaloncentre@eastlink.ca

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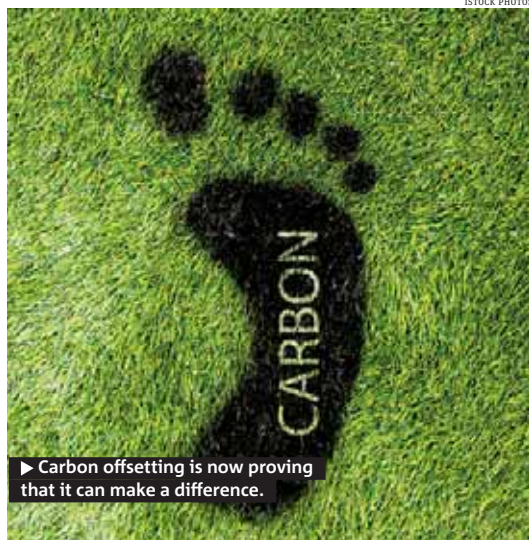
BEN KNIGHT
GREEN@METRONEWS.CA

Carbon offsets — money paid by eco-conscious companies for carbon emissions they have not been able to reduce — are now being used to save lives in the developing world.

Offsetters, a Vancouver-based provider of carbon-management solutions, has become the first Canadian company involved in offering a high-quality cookstove program in Africa.

"The big appeal of these projects is that the carbon benefits are very clear," says James Tansey, CEO of Offsetters. "The side benefits of doing this are, in some ways, even more important."

The new stoves are



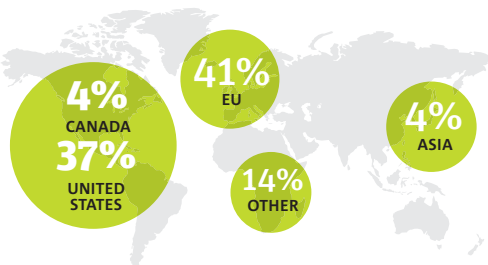
► Carbon offsetting is now proving that it can make a difference.

bound for Uganda, where most cooking is done indoors, burning wood,

garbage or whatever waste materials are available. This is such a dirty

Carbon data

Who's buying carbon offsets? World-wide data for 2010:



method, installing the new stoves will be like removing 4,000 cars from the world's roads. The potential health benefits are startling.

"Indoor air quality is one of the largest causes of child mortality — more significant than malaria," Tansey notes. "So this proj-

ect leads not only to reductions, but also very significant improvements in health and well-being."

This is green policy at its best. A world-wide effort to reduce CO2 emissions in the air — through the purchase of carbon offsets — leads directly to safer, longer lives in Africa.

"For these kinds of projects, companies that are reducing their emissions within their operations put a price on carbon," explains Tansey.

"They're paying maybe \$20 a ton for the carbon emissions they can't reduce. That money is then pooled, and used to subsidize the cost of the cookstoves."

Offsets come in two kinds: a voluntary market, and one demanded by eco-friendly legislation.

"The global market is around \$113-million in voluntary transactions. The regulated market, which is also something we work in — particularly in Europe — is hundreds of millions of dollars in transactions."

For more information, visit offsetters.ca.

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FOR JUNE 17TH

9 Bruno Mars - Lazy Song
8 David Guetta ft Rihanna - Who's That Chick
7 Classified - That Ain't Classy
6 Katy Perry - Last Friday Night (T.G.I.F.)
5 Jennifer Lopez ft Pitbull - On The Floor
4 Snoop Dogg ft T-Pain - Boom
3 Pitbull ft Ne-Yo & Nayer - Give Me Everything
2 Nicki Minaj - Super Bass
1 Adele - Rolling In The Deep

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Her age ain't nothing but a number

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TURNING POINT

TERESA KRUIZE
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They call her Dynamo Betty.

At the age of 79, Betty Ford is one of the top sales people at ArrKann RV and Trailer in Edmonton and is showing no signs of slowing down.

Ford has worked since she was 13 years old in numerous office and sales



► Betty Ford is showing no signs of slowing down.

jobs.

She taught Dale Carnegie courses and sold

high-end condos. She was 69 when a former sales manager gave her a call.

"Ford, you're dying on the vine." Betty recalls him saying. "I want you

come and sell RV's with me." Now after 10 successful years at her job Betty is facing another turning point in life. She promised ArrKann she'd stay with them until she turned 80. With her birthday in August fast approaching she is now planning on moving to Courtney, B.C. to be closer to her family. Does that mean she'll quit work?

"I already have four job offers," Betty tells me with a chuckle. "I'm going to miss all my friends but there's a whole new adventure out there and I'm going to find it."

Go get 'em, Dynamo Betty.

Betty's advice

An Octogenarian's View on Life and Work

- I don't even understand the concept of age or retiring. I think life is an adventure and you should go with it.
- Find something you want to do and make sure you like it.
- Have confidence in yourself and be honest with others.
- Don't worry about life so much. It'll sort itself out.

Meet the man with the iron wardrobe

► Metro chats with Wang Kang, a 25-year-old whose slightly unorthodox office attire is causing quite the stir

An ordinary office day may be boring, but it might cheer you up when you find out that your colleague is a superhero. A telecoms company employee, Wang Kang stunned his office colleagues in Shanghai, China, when he strutted into the office in his homemade Iron Man suit.

Wang, age 25, told Metro that his Iron Man MK 1 suit is made of foam, wires and tubes and then painted the colour of aged iron. It took three months and 3,000 yuan (\$465) to finish this 50 kg armor costume.

What inspired you to make this Iron Man suit? I have been a crazy fan since the first Iron Man film was released in 2008, and I like doing handmade stuff. I thought it would be so cool if I could make Iron Man armor so simply.

How did you feel when you walked into the office like that? I felt so cool and excited when I walked into the office with this Iron Man suit on, and some of my colleagues didn't recognize me and even got scared of me. It was great fun that

people saw me as if I was a real superhero. Then I was so happy that everyone praised my effort, even my boss complimented me.

Has this Iron Man suit changed your life? I never thought I could be famous because of it, now I have become very busy replying to all kinds of emails and messages from my own fans, which I enjoy. In fact many women want to know me and be my girlfriend, because they think I am a creative and interesting guy. And the

other day, I received an email from The Embassy VFX Team, the visual effects company that created the Mk 1 sequence for Iron Man. They think I am great to make such a suit.

How long does it take to put this suit on? Is it easy to move in this suit? With someone's help, it takes about four or five minutes to put it on. It has a skeleton-like frame inside, so it is not so heavy to move. I can't dance but I can go to the toilet by myself with this suit on.

► METRO



► Get out of the way, Iron Man's coming to the office!

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A place to lay down roots

Sackville-Bedford has a friendly, small-town feel, but is a quick drive to the hustle and bustle of downtown Halifax

TOM
MASON
FOR METRO

Bob Harvey was a young teacher when he and his wife moved to Lower Sackville 40 years ago. The community was growing rapidly in those days, and the house that the couple chose to live in was only a few minutes from Harvey's new teaching job.

He immediately found in the community a rich spirit of neighbourliness

and a place that quickly began to feel like home.

"My wife is from the area," he says. "She grew up nearby, in Windsor Junction, so for her the community was already close to home. For me, living here meant that I never had to be a commuter. It was convenient for me to live in the community I worked in, but I discovered a lot of other great benefits to living in Sackville as well."

Like a lot of residents of Sackville-Bedford, Harvey found a community poised between two worlds — a friendly, small community just a few minutes from downtown Halifax. In fact, Sackville-Bedford offered everything needed for a quality lifestyle without the big-city hustle and bustle.

"There are a great range of facilities here," says Harvey. "We've got the \$30-million plus Cobequid

Health Centre that's a great healthcare facility and an asset to the community. We've got great recreational facilities, sports fields, the Sackville Sports Stadium, Weir Field. We've got great natural resources — rivers, lakes, walking trails. They all add tremendously to the quality of life here."

Today Harvey no longer works exclusively in Sackville-Bedford. He is the regional councillor for Low-

er Sackville — a job that involves a commute into the city centre to attend weekly council meetings at Halifax City Hall. It's a demanding job, but Harvey sees it as a good way to give back to the place that has given him so much in the past four decades.

"The people here are committed and really engaged in their community," he says. "We've developed into a place with a lot of volunteerism,

a lot of community spirit."

Harvey says that Sackville-Bedford has something for everyone, and anybody looking to move to the Halifax area should definitely consider the community as a place to put down roots.

"There's a good mix of neighbours in the community. Sackville-Bedford is a great place to live in any stage of life, whether you're an empty nester or raising a young family."

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Sharing a spirited history

▶ Since its beginnings, Sackville-Bedford has evolved into a growing, prosperous community



The Sackville River isn't large by geographic standards, but historically it's important to Halifax. The Sackville was one of the Mi'kmaq's two canoe routes into Halifax Harbour (the other being the Dartmouth Lakes).

In the days after the founding of Halifax they used it to launch raids against the new settlement. In response, the military government of the new city built Fort Sackville at the river's mouth in Bedford to protect Halifax's "back door."

Sackville

- ▶ What is usually referred to as "Sackville" includes the communities of Lower Sackville, Middle Sackville and Upper Sackville.
- ▶ The three communities have a total population of around 40,000 citizens, and Lower Sackville has become one of the fastest growing communities in Nova Scotia.
- ▶ Sackville was originally founded in 1749. It was an unincorporated area of Halifax County until 1996 when it was amalgamated as part of the Halifax Regional Municipality.
- ▶ Sackville was named after Lionel Cranfield Sackville, the Duke of Dorset.



▶ Bedford Basin

From those military beginnings Sackville-Bedford grew into a proper community.

One of its first industries was saw milling, and by the early 19th century a large mill called the Acadian Paper Mill had been established on the shores of Bedford Basin.

By then the area had become an important crossroads for travelers headed to Truro and the Annapolis Valley, and a number of inns and stage houses (where stagecoach horses were changed) operated in

the area.

Later a railroad station was established in Bedford and the community began a new stage of growth and economic development.

After World War II, Sackville-Bedford became

an important bedroom community for Halifax.

In fact, in the early 1970s Sackville was the fastest growing community in Canada.

On April 1, 1996 the two communities were amal-

gamated with Halifax, Dartmouth and Halifax County to become the Halifax Regional Municipality, but both Sackville and Bedford still retain their distinctive character and fierce community spirit.

Bedford

- ▶ Bedford was first settled by Europeans in 1759. Before that it was a popular transportation route for the Mi'kmaq people on their yearly journeys to

Bedford Basin. The community became an incorporated town in 1880 and was amalgamated into the Halifax Regional Municipality in 1996.

- ▶ Bedford currently has a population around 20,000

people and is growing rapidly each year.

- ▶ Bedford and Bedford Basin were named after John Russell, the fourth Duke of Bedford and secretary of state for the British Colonies in 1749.

Bedford Days kicks off summer

It's a week of activities, athletic competitions, historic walks, great food and entertainment not to be missed. When Bedford Days 2011 gets underway on June 24 it will include a baseball tournament, a Halloween in June party, a "Look Like Your Pooch" contest and a charity barbecue, all culminating in a Canada Day celebration at DeWolf Park with fireworks. Bedford Days continues through to July 3. ● TOM MASON

Get ready to rock at fundraiser

What started out as a local fundraiser and a one-off idea for a concert has become one of Sackville's most anticipated summer events. The Weir Rockin' music festival kicks off its fifth year on Aug. 20 at Middle Sackville's Weir Field with a line-up that includes classic Canadian acts like Lee Aaron, Sass Jordan, Honeymoon Suite and the Headpins. Past concerts have featured popular bands from the 1970s and 1980s.

● TOM MASON

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A haven for outdoor enthusiasts

► From rock climbing to night mountain bike rides to sailing, Sackville-Bedford has something for everyone



Whether your particular interests include dangling by a rope at the top of a cliff, sweeping a curling stone or sitting back and watching someone else play the game, Sackville-Bedford has a great selection of recreational opportunities.

Admirals Cove Park in Bedford is a picturesque place to picnic on the low cliffs overlooking Bedford Basin. But the main attraction of the area is Eagle's Nest, a sheer rock face with several excellent rock climbing routes that is considered one of the best urban climbing sites in Atlantic Canada.

Eagle's Nest is a good place for beginning climbers to learn the sport,



► Learn to sail in Bedford.

or for the more experienced to hone their skills. To reach the rock face, look for the trail across the street from Admirals Cove, 100 meters or so before the entrance to the park.

For cyclists, the Bicycles Plus Cycling Club in Bedford provides information on new trails and a popular Saturday morning group ride — the largest of its type in the Maritimes. Club members can also

take part in the Wednesday Night Mountain Bike Ride. The club operates out of Bicycles Plus Cycle Shop on the Bedford Highway, next to the Chickenburger.

Sailors have long appreciated the challenging winds and sheltered bays of Bedford Basin. The Bedford Basin Yacht Club is the heart of the Bedford sailing community, offering weekly races throughout the summer months, learn to sail classes for all ages and a variety of dockside and mooring services.

Those looking for their recreation indoors can take advantage of the Sackville Sports Stadium on Glendale Drive, which features a fitness centre, two swimming pools, a curling rink and hockey arena, and daycare facility.



► The Bedford Basin Yacht Club is the heart of the sailing community.

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Providing an anchor for the disadvantaged

► Anchor Industries is a not-for-profit that provides support, employment for intellectually challenged



TOM MASON
FOR METRO

For some people the challenges of everyday living can be almost overwhelming. But one local community group has been working to change that.

Anchor Industries Society (AIS) has been serving the Sackville-Bedford community for more than 30 years, helping people who face the challenges of intellectual disabilities.

The not-for-profit organization provides support and job development services, and operates four businesses that employ intellectually challenged members of the community, including The Printshop, a full service printing business, and The



Offshoot Shop, which provides product assembly and packaging services to local businesses.

The Ladle Restaurant offers a variety of home-cooked lunch items including rappie pie, reuben sandwiches, salt cod and pork scraps, corned beef and cabbage,

fish cakes and beans, along with salad plates, wraps and soups.

And All Wrapped Up is a unique personalized gift wrapping service that features customized ink-stamped wrapping paper and hand-painted gift cards.

Other AIS clients work as volunteers at local day-care centres and the Cobeguid Health Centre. "We're committed to helping our people contribute to our community," says AIS executive director Marilyn Forrest.

"We emphasize developing social skills and making friends," says Forrest. "It's about making sure people have choices; making sure they can pursue the things they want to pursue in their adult lives."

AIS in action

AIS serves 75 clients, with another 40 on the group's waiting list.

► In addition to employment services, they can take advantage of "The Club," an after-work activities program, along with classes in literacy, French and work skills.



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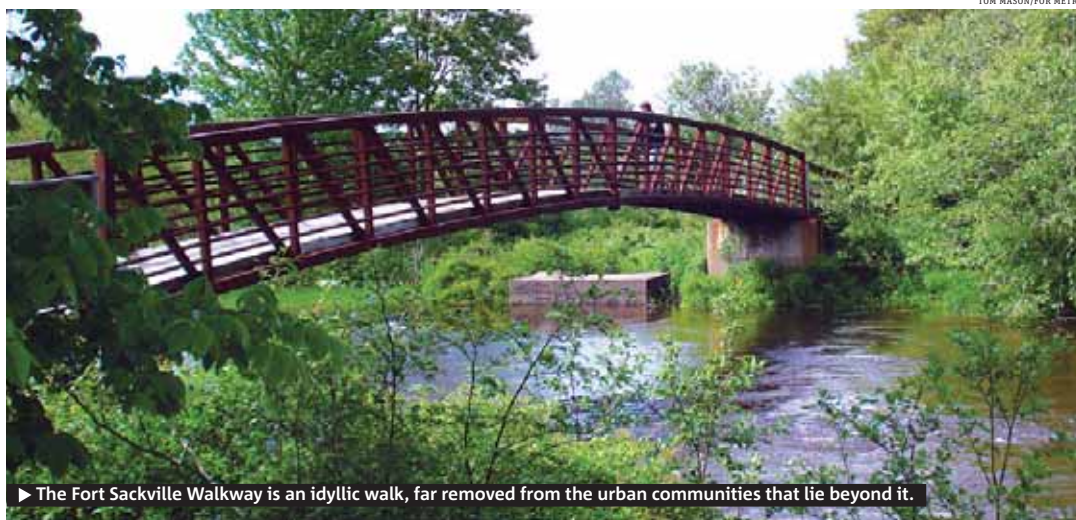
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► The Fort Sackville Walkway is an idyllic walk, far removed from the urban communities that lie beyond it.

A river runs through it

- Walking trail alongside Sackville River connects Sackville to Bedford
- Shore Drive boasts more parks per kilometre than any other in county



For anyone looking to walk alongside a flowing river for a couple of hours, the Fort Sackville Walkway is an ideal choice.

From the trailhead in the True North Diner parking lot at the Bedford Place Mall, the trail winds five kilometres along the Sackville River to Fultz House Museum.

It's an idyllic walk, a world far removed from the urban community that lies just beyond it, and it is the first pedestrian walkway to connect the communities of Bedford and Sackville.

But Fort Sackville Walkway is just the beginning, says Sackville Rivers Association president Walter Regan.

The trail is the first phase of a large urban greenbelt park that will some day stretch 40 kilometres from Fish Hatchery Park at the mouth of the river all the way to Uniacke House in Mount Uniacke.

It's an ambitious project, but one that Regan says is necessary for the health and survival of the river. "We've got a 10-year plan in place to develop the greenbelt trail," he says. "Ultimately we would like to see it follow along both banks of the river."

Sackville-Bedford already has a number of fine parks within its boundaries. A provincial park borders the community at Second Lake. Nine kilometres of hiking trails border the Uniacke estate in Mount Uniacke. And Hemlock Ravine Park on Bedford Basin occupies land that was the 18th century estate of Edward Duke of Kent, the father of Queen Victoria, in the days when he was military commander at Halifax.

Shore Drive, at the head of Bedford Basin, has more parks per kilometre than any other in Halifax County — Fish Hatchery Park, Summer Cove Way, Picnic Cove Park, Long Cove Access Park and Admirals Cove. Most are small picnic parks providing a brief respite and access to Bedford Basin and the Sackville River.

Saving the Sackville

The Sackville River has seen better days. The river that runs through the heart of Sackville-Bedford was once one of the region's great Atlantic salmon rivers.

Today it's under threat from a variety of pollution sources including acid rain and siltation runoff from construction — something that has Sackville Rivers Association president Walther Regan discouraged.

"We counted just 14 salmon in the river this year," he says. "Contrast that with some of the rivers on the West Coast that have millions. It's not a good situation."

For 23 years the Sackville Rivers Association has been fighting to save the Sackville River and its 147-square-kilometre drainage basin.

The volunteer group has about 200 members who work to restore the river and educate the public.

It also runs an educational program in 18 schools that encourages students to grow salmon eggs in classroom aquariums to be released in the river as fingerlings.

Despite the pessimism, Regan still feels there's time to save the venerable old river, and he believes that educational programs are starting to have an impact on the next generation of citizens.

There's still a lot of work that needs to be done though. "The people of Bedford and Sackville need to realize just how important the Sackville River is to our natural heritage," he says. "It's the biggest natural feature in our community and we need to do more to protect it."

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Uncover a wealth of local history

► Uniacke House, Scott Manor House just a few of the excellent museums to be found in Sackville-Bedford



Things weren't going well for Richard John Uniacke the day he first laid eyes on the lakefront property that would become his family home. He had been captured by British soldiers after a failed attempt to bring Nova Scotia into the American Revolution on the side of the United States.

As he and his fellow prisoners rested beside the lake during their forced march to Halifax, young Uniacke declared — much to the amusement of the men he was chained to — that someday he would build a fine house on the spot.

He kept his promise. Uniacke was pardoned, became a lawyer and later attorney general of Nova Scotia and the father of Nova Scotia's first premier. In 1815 he built his palatial home on the shore of the lake in a community that today bears his name — Mount Uniacke.

Today Uniacke House is part of the Nova Scotia Museum complex, a monument to an improbable self-made man and a window into what life was like in Nova Scotia at the turn of the 19th century.

Uniacke House is just one of the excellent museums to be found in the Sackville-Bedford area.



► The Chickenburger

TOM MASON/FOR METRO

Standing the test of time

The world was a different place when the Chickenburger served its first burger and shake 71 years ago. Maybe the world has changed, but the Chickenburger has stayed pretty much the same. Believed to be the oldest drive-in restaurant in Canada, the "Chick" is under new management but still serves up the same popular items that have kept customers coming back for seven decades — a full-fledged Nova Scotian institution.

Fultz House Museum features an old barrel-making shop, a reconstructed blacksmith's shop and a collection of local artifacts, photographs and displays.

Scott Manor House in Bedford was built by its original owner Joseph

Scott shortly after Halifax was founded in 1749. Today it's a community museum featuring antique furniture and household items, British uniforms from the 18th century, a tearoom, archives and reading room.

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► Sackville-Bedford offers plenty of new developments and properties to choose from.

Real estate heats up in popular Sackville-Bedford

- New developments are springing up in Sackville
- Bedford has upscale options around Bedford Basin



**TOM
MASON**
FOR METRO

With easy access to Halifax and an attractive lifestyle, Sackville and Bedford have always been two of the area's most popular suburban communities. But the last 20 years have seen a flurry of building activity in both.

Sackville has long had a reputation as a place of affordable housing within easy commuting distance of downtown.

Since 1990, neighbourhoods like Millwood, Riverside Estates in Middle Sackville, First Lake, Bridlewood, Meadowlands, Lindgate and Sunnyvale

have appeared on the map.

In 2007 Ellis Estates at the junction of Lucasville Road and Sackville Drive began construction, and that same year saw the start of Twin Brooks, a neighbourhood that adjoins the Millwood Subdivision. Another new development, Stonemont on Cobequid Road, features large treed lots that are twice the size of most Sackville properties.

Bedford has seen even more development in recent years as developers take advantage of the opening of new roads such as Larry Uteck Boulevard and the views around Bedford Basin to build upscale

condomiums as well as single-unit housing neighbourhoods.

Older, more established neighbourhoods in Bedford such as Eaglewood, Bedford Village, Basinview and Papermill Lake have been popular with the executive commuter crowd for two decades.

Recently they have been joined by new developments like Crestview, The Ravines, Nottingham and Basinview Ridge.

With plenty of new developments and properties to choose from and great resale values, the Sackville-Bedford real estate market doesn't show any signs of slowing down soon.

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Major domination by McIlroy

► Irishman erases Masters collapse, wins U.S. Open in record fashion

Every time Rory McIlroy lined up a shot yesterday, there was some sort of record on the line, some kind of history to be made.

That was this year's U.S. Open version of suspense. There was never any doubt that the kid from Northern Ireland was going to win it.

In complete control of his emotions and his game, McIlroy never slipped. He won his first major championship by shooting a 2-under 69 at Congressional and closed his four-day onslaught at 16-under 268, eight shots ahead of Jason Day and four shots better than the U.S. Open scoring record formerly held by four players, including two named Woods and Nicklaus.

After the final tap-in, Gerry McIlroy met his son as he walked off the green.

"Happy Father's Day," the new champion said.

Happy Father's Day, indeed.

All week, McIlroy's performance was compared to Tiger Woods' 15-shot blowout at Pebble Beach in 2000.

"I was trying to go out there today and emulate him in some way," McIlroy said. "I played great for four days and I couldn't be happier."

The win comes two months after a collapse so thorough, some wondered if McIlroy could recover. He took a four-shot lead into the final day of the Masters, but after hitting his 10th



"I think this kid's going to have a great career. I don't think there's any question about it. He's got all the components."

GOLF LEGEND JACK NICKLAUS
IN AN INTERVIEW WITH NBC

tee shot near a cabin on the grounds of Augusta National, he melted down, shot 80 and finished 15th.

His shot on the 10th hole yesterday wasn't comparable. On the 214-yard par-3, a downhill shot over water, McIlroy knocked the ball above the hole, then watched as it stopped for a split second and started spinning backward before stopping an inch or two from the hole.

He tapped in for a birdie that got him to 17-under par at a tournament that had never seen a score lower than 12 under before Friday.

"That was the point in the round that I really felt it was mine to lose," McIlroy said.

McIlroy now owns the scoring records for 36, 54 and 72 holes at the toughest test in golf and he became only the third player to break 70 in all four rounds of the U.S. Open.

THE ASSOCIATED PRESS



► Rory McIlroy hoists the U.S. Open trophy yesterday.

Canada's Findlay wins yet another triathlon

Edmonton's Paula Findlay edged Helen Jenkins by four seconds to win the triathlon world series event in Kitzbuehel, Austria, yesterday and extend her lead at the top of the overall standings.

Findlay finished in 2:05.52.

"I'm thrilled again. Wow, that was a real hard race. I was running maximum the

whole way," she said.

Findlay had emerged from the swim more than a minute down on the leaders, Jenkins and Sarah Haskins. She caught Jenkins at the end of the fourth bike leg.

Findlay leads the world series with 2,400 points. The win is her fifth in six races over the last 11 months. THE ASSOCIATED PRESS



► Paula Findlay celebrates yesterday.

Sports in brief

Cards' Pujols leaves game with injury

MLB. St. Louis Cardinals first baseman Albert Pujols was hurt on a play at first base yesterday against the Kansas City Royals. He went down while trying to tag Wilson Betemit. He will be further evaluated today.

THE ASSOCIATED PRESS

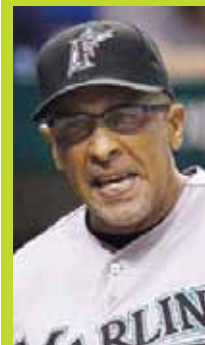
Police accused of shocking Serbian striker

RUSSIA. Zenit St. Petersburg yesterday accused riot police of zapping Danko Lazovic with an electric shock as he tried to throw his shirt into the stands during a match. Footage shows the Serbian being approached by police officers as he moved toward the away fans in the match Saturday.

THE ASSOCIATED PRESS

4
sports

Quoted



"Edwin talked to the staff this morning. It's been a roller-coaster, let's put it that way, the past few weeks. It's disappointing. Edwin is a good man and a good manager. I thought our guys handled it well."

FLORIDA MARLINS BENCH COACH BRANDON HYDE, WHO TOOK ON THE ROLE OF MANAGER AFTER EDWIN RODRIGUEZ, PICTURED, UNEXPECTEDLY RESIGNED FROM THE POSITION YESTERDAY.

THE MARLINS' LOSING STREAK EXTENDED TO 10 GAMES AFTER A 2-1 LOSS TO THE TAMPA BAY RAYS.



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JIM ROGASH/GETTY IMAGES

Marchand lives it up at cup parade

Hammonds Plains native Brad Marchand of the Boston Bruins reacts to cheers during a Stanley Cup victory parade on Saturday in Boston. The 23-year-old winger made the highlight reels for rapping the Wiz Khalifa song, Black and Yellow, in front of about a million fans at the parade.

Tremblay's stay with Herd likely to be brief

- High pick expected to be the price paid by Mooseheads for Austyn Hardie
- Blue-liner had 10 points in 38 games last season in Quebec midget AAA



MATTHEW WUEST
@METRONEWS.CA

It appears Carl Tremblay's time with the Halifax Mooseheads will be brief.

Tremblay, who posed for photographs in a Mooseheads jersey just three weeks ago in Victoriaville, Que., after being selected 25th overall in the QMJHL draft, is expected to be dealt to the Chicoutimi Saguenéens of Saguenay,

Que., in a package for Austyn Hardie, Metro Halifax has learned.

The deal, which will be announced when the next trade period opens Aug. 1, will also see the Mooseheads surrender a third-round pick.

Mooseheads general manager Cam Russell would not confirm the move, saying any trade talk is "speculation" until the trade period opens.

The six-foot-two Trem-

blay was described at the draft as a "steady-Eddy" defenceman, but the Mooseheads have long coveted Hardie, the 10th-overall pick in the 2010 draft.

Hardie, six feet tall and 201 pounds, is known for his toughness and had two goals and 13 assists, along with 98 penalty minutes, in 37 games at the Quebec midget AAA level last season.

The Mooseheads are also expected to acquire over-

age forward Cameron Critchlow, a former captain of the now defunct Lewiston Maineiacs, from the Victoriaville Tigres for a fifth-round draft choice on Aug. 1.

Critchlow had 34 points in 65 games last season.



For more Mooseheads coverage, follow @metroqfiles on Twitter or visit metronews.ca/qfiles

DRAFT

Marauders stock up on Titans' talents

The Metro Marauders mined the Halifax Titans' major midjets for talent at the Maritime Junior Hockey League draft on Saturday in Dieppe, N.B.

The Marauders' first four picks were from the Titans, as they selected forward Jordan Keizer and defenceman Adam Murphy fifth and seventh overall, respectively.

They also picked forwards John MacDonald and Ryan Falkenham at 16th and 22nd overall in

Moosehead picked

- Halifax Mooseheads draft choice Joel Blanchard went first overall to the Dieppe Commandos in the Maritime Junior Hockey League draft on Saturday.
- Blanchard, who the Mooseheads picked in the eighth round (130th overall) in the QMJHL draft earlier this month, was a top major midget scorer for the Miramichi (N.B.) Rivermen, potting 34 goals among 54 points in 35 games.

the second round. All four helped the Titans to Nova Scotia and Atlantic major midget championships.

● METRO

Halifax boxer wins fifth straight bout

Tyson Cave is on a roll.

The Halifax native stormed to his fifth consecutive victory on Saturday night at Palooka's Boxing Club, defeating Mexico's Saturnino Nava in the main event of a pro-am card.

Cave, who is the World Boxing Council's 30th-ranked super ban-

tamweight, easily handled Nava, sweeping the scorecards 100-90, 100-90, 100-90.

The win leaves Cave at 15-1 as he works toward getting a shot at the world's top super bantamweights.

Nava dropped to 8-9.

● METRO

Chisholm wins rain-shortened Stock Tour race

The hometown boy walked away with the win at the Ron MacGillivray 100 at Riverside International Speedway near Antigonish on Saturday.

Donald Chisholm of Antigonish earned the victory after the third race of the Maritime Pro Stock Tour was shut down due to rain after 90 laps.

Wayne Smith of Timberlea was second and Jonathan Hicken of Brudenell, P.E.I., was third.

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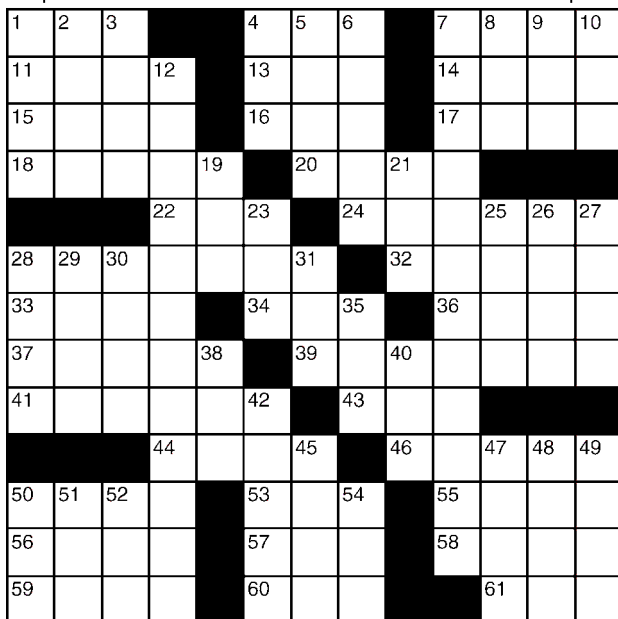
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7 Additionally
11 Destruction
13 Greek H
14 Middy
15 Sandwich cookie
16 Dickens pseudo-
nym
17 With 52-Down,
year-end fuel
18 Value
20 Versifier
22 Embrace
24 "Do unto — ..."
28 Custodian
32 Mannerly
33 "Once — a time"
34 Beavers' structure
36 Pleasant
37 Sill
39 Threw and caught
repeatedly
41 Ancient parlor
43 Showbiz job
44 Hippocratic, e.g.
46 Aristocratic
50 Sandwich shop
53 Once around the
track
55 Hebrew month
56 Revlon rival
57 Exist
58 Nintendo com-
petitor
59 Safecracker
60 Hot tub
61 Lair

Down

1 Front of a ship
2 Modern-day
money



3 Harbor structure
4 Symbol of intrigue
5 On
6 Mississippi river
7 Cole Porter musical
8 Gehrig of baseball
9 Scale member
10 Singleton
12 "Forget it!"
19 Shack
21 And so on (Abbr.)
23 Deity
25 Wicked
26 Wedding shower?
27 Coaster
28 Broadway com-

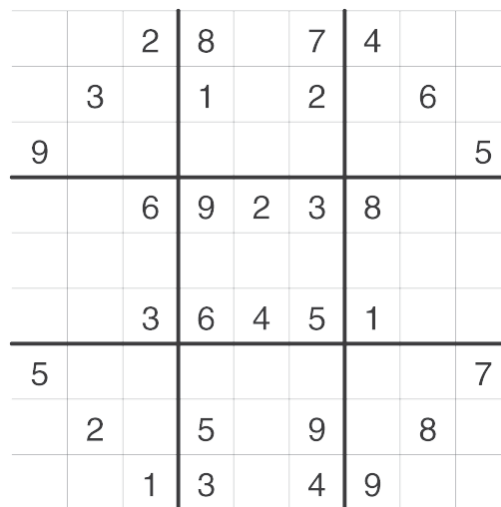
poser Styne
29 Pinnacle
30 Protuberance
31 British rule in
India
35 Beer vessel
38 Historic period
40 Martini ingredi-
ent
42 Book of maps
45 Angelic instru-
ment
47 Lost vital fluid
48 Olympic 27-Down
49 Verve
50 24 hours

51 First lady?
52 See 17-Across
54 Pod occupant

Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer



Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

true lov, you are my true love..i live just for you..you are the most beautiful woman i ever seen..no wonder i can't get enough of you..just stay strong and no stress at all..just relax..i love you and miss you..have a great day my love. kiss and hugs on your way.

LOSTINYOURLOVE

Nikita, Last Friday after work, the heat, the salad chicken, the ice capp, and the kisses make me feel love like never loved before. You ought to know by now how much I love you. Cant wait for Monday so I can see you again MIKE

Vince Hope u are enjoying your daily read of the Metro...just wanted to say I love u and miss u sooo much. I can't wait until we see each other again. Love u forever xoxoxo LISA

Today's horoscope

♈ Aries March 21-April 20 Make your own troubles seem smaller today by helping family and friends deal with their difficult issues.

♉ Taurus April 21-May 21 You must not let personal feelings cloud your judgment today.

♊ Gemini May 22-June 21 What seemed simple yesterday will seem outrageously complicated today. Don't lose your cool.

♋ Cancer June 22-July 22 If you actually listen to criticism today, you might learn something that could save you future grief.

♌ Leo July 23-Aug. 23 Is there something you secretly feel guilty about? Do something about it.

♍ Virgo Aug. 24-Sept. 22 Strive to maintain an open and optimistic attitude. It's about perspective, make yours wide and deep.

♎ Libra Sept. 23-Oct. 23 Sometimes you just have to follow your instincts, so trust them — and act.

♏ Scorpio Oct. 24-Nov. 22 The more you try to move in one direction today, the more events will conspire to push you in another. Perhaps you should take the hint.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21 What happens today will be removed from your usual experience. It may be difficult to make sense of.

♑ Capricorn Dec. 22-Jan. 20 Something will happen today that will encourage you to become a more tolerant human being.

♒ Aquarius Jan. 21-Feb. 18 You may find that your powers of persuasion let you down today.

♓ Pisces Feb. 19-March 20 If a friend suggests you do something unethical today, turn him or her down flat. **SALLY BROMPTON**

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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